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# Blacksburg News

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November 2007, Volume 24, Issue 9

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## November Meeting to Feature Lockhart on Physiological Changes & Accidents

Our last program for 2007 will take place on Tuesday, November 20th, at the Blacksburg Community Center. As usual, we can eat our brown bag lunch with friends from 11:30 until noon when the program will begin.

Our speaker, Dr. Thurman Lockhart, professor in the Department of Engineering at Virginia Tech, will discuss his research on Physiological Changes and the Occurrence of Accidents in Older Adults. This should be a fascinating topic, especially since many of us have suffered aches, pains, and broken bones from serious falls as we grew older.

During this holiday season we want to remember the folks living in our area who may be down on their luck. For

this reason, at the November 20th meeting, we will be collecting cans, boxes or other packages of non-perishable foods, which will be donated to the Food Pantry.

And don't forget our Annual Holiday Luncheon at noon on Tuesday, December 4th, at the Holiday Inn on Prices Fork Rd. The Blacksburg Community Band will add to the holiday spirit while we sing along or just enjoy the music. Tickets are \$14.00 each and can be paid for at our November 20th program. You can also send a check, made out to AARP Chapter #2613, to Cerrie Coil, 1404 Hillcrest Drive, Blacksburg, VA 24060.

Have a great, safe holiday season!  
— Harriett Cooper

## Blacksburg AARP to Host Senior Breakfast December 3, Community Center 10 a.m.

Our Chapter will furnish the kitchen crew and the food with which to co-sponsor the Seniors Breakfast at the Community Center, Monday, Dec. 3rd at 10:00 a.m. These are really fun events. We will have music (carols) by the Blacksburg Recorder Group. Y'all come!

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## Community Thanksgiving Dinner St. Michael's Lutheran Church 1 p.m. for details, see page 4

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## AARP Holiday Luncheon December 4 Holiday Inn, Prices Fork Road



The Blacksburg AARP Holiday Luncheon will be at the Holiday Inn,  
Prices Fork Road,

December 4, 2007, 11a.m. – 3 p.m.

Please make out check (\$14.00 each) to AARP  
and send to Cerrie Coil, 1404 Hillcrest Drive, Blacksburg, Va. 24060  
or bring to the next meeting.

All reservations must be in by the morning of November 30th.

Questions? call 552-4530.

# 2007 Blacksburg AARP Chapter Board

## Officers

**President:** *Jim Gaines* [gaines@vt.edu](mailto:gaines@vt.edu)  
**1st Vice President:** *Jim Wightman* [jpdad@bev.net](mailto:jpdad@bev.net)  
**2nd Vice President:** *Angela Little* [anglittl@naxs.net](mailto:anglittl@naxs.net)  
**Secretary:** *Virgil Cook* [vcook@vt.edu](mailto:vcook@vt.edu)  
**Treasurer:** *Brian Allen* [mballen@prodigy.net](mailto:mballen@prodigy.net)  
**Associate Treasurer:** *June Schmidt* [schmidtj@vt.edu](mailto:schmidtj@vt.edu)

## Board of Directors

### Class of 2007:

*Don Elson* [elsond@vt.edu](mailto:elsond@vt.edu)  
*Tom Jeffers* [kats7772000@yahoo.com](mailto:kats7772000@yahoo.com)  
*Harriet Damant* [hdamant@verizon.net](mailto:hdamant@verizon.net)

### Class of 2008:

*Curt Finch* [crfinch@vt.edu](mailto:crfinch@vt.edu)  
*Margaret Kates* [connie@vt.edu](mailto:connie@vt.edu)  
*Frank Lau* [franklau1@msn.com](mailto:franklau1@msn.com)

### Class of 2009:

*Dan Fleming* [dbflein@vt.edu](mailto:dbflein@vt.edu)  
*Nancy Eiss* [neiss@vt.edu](mailto:neiss@vt.edu)  
*Jo Ann Underwood* [joa@vt.edu](mailto:joa@vt.edu)

Chapter meetings are the *third* Tuesday of each month at the Blacksburg Community Center, Patrick Henry Drive, at 11:30 a.m. Bring a bag lunch; the club provides napkins, coffee, and tea; the program starts at noon.

Board meetings are the *first* Tuesday of each month at the Blacksburg Community Center, Patrick Henry Drive, at 9:30 a.m.

AARP Blacksburg Chapter #2613  
P.O. Box 10082, Blacksburg, VA 24062  
Web: <http://civic.bev.net/aarp/>

## Do-Not-Call List Extended

Congress has voted to eliminate the requirement that registration on the Do-Not-Call list be renewed every five years. If you are on this list, you are now permanently protected from being called by some telemarketers. Political parties and some charities are not affected by the ban. Call 1-888-382-1222 to re-register.

## Committee Chairs

### Caring:

*Lula Roberts* [lula.roberts1@verizon.net](mailto:lula.roberts1@verizon.net)  
*Kathy Jeffers* [kats7772000@yahoo.com](mailto:kats7772000@yahoo.com)

### Chaplains:

*Ken Dawson* [kdawson@vt.edu](mailto:kdawson@vt.edu)  
*Norman Grover* [ngrover@vt.edu](mailto:ngrover@vt.edu)

### Chapter Awards:

*Don Elson* [elsond@vt.edu](mailto:elsond@vt.edu)  
*Jim Owens* [jowen@vt.edu](mailto:jowen@vt.edu)

### Community Service:

*Mike Sporakowski* [eagle1@vt.edu](mailto:eagle1@vt.edu)

### Financial Planning:

*Dale Oliver* [jdoliver@vt.edu](mailto:jdoliver@vt.edu)

### Health Care:

*Jo Ann Underwood* [joa@vt.edu](mailto:joa@vt.edu)  
*Harriet Damant* [hdamant@verizon.net](mailto:hdamant@verizon.net)

### History:

*Jim Gaines* [gaines@vt.edu](mailto:gaines@vt.edu)

### Hospitality:

*Cerrie Coil* [cerrie@verizon.net](mailto:cerrie@verizon.net)  
*Mary Ellen Moore* [mem@vt.edu](mailto:mem@vt.edu)

### Legislative:

*Dan Fleming* [dbflein@vt.edu](mailto:dbflein@vt.edu)

### Membership:

*Jim Wightman* [jpdad@bev.net](mailto:jpdad@bev.net)

### Nominating:

### Program:

*Harriett Cooper* [chayabrona@verizon.net](mailto:chayabrona@verizon.net)

### Public Relations:

*Norman and Nancy Eiss* [nsjeiss@verizon.net](mailto:nsjeiss@verizon.net)

### Telephone:

*Harriett Cooper* [chayabrona@verizon.net](mailto:chayabrona@verizon.net)  
*Margaret Kates* [connie@vt.edu](mailto:connie@vt.edu)  
*Rhoda Lau* [mommakit4@msn.com](mailto:mommakit4@msn.com)

### Virginia Tech Retirees Association Liaison:

*Jim Wightman* [jpdad@bev.net](mailto:jpdad@bev.net)

### Ways And Means:

*Margaret Kates* [connie@vt.edu](mailto:connie@vt.edu)  
*Jim Moore* [mem@vt.edu](mailto:mem@vt.edu)

### Webmaster:

*Connie Anderson* [connie@vt.edu](mailto:connie@vt.edu)

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## Recycle Bulbs and Batteries Downtown

Don't throw your dead batteries and burned-out fluorescent bulbs in the trash!

The Downtown Merchants of Blacksburg want to help keep toxic heavy metals out of the local waste stream and ground water. We will recycle old household batteries (alkaline or rechargeable) and fluorescent bulbs free of charge. Just bring them to any downtown merchant.

— Leslie Hager-Smith, Director, Downtown Merchants of Blacksburg

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Editors: Mary Holliman and Ryan Donnelly — email: [mchollim@vt.edu](mailto:mchollim@vt.edu)

# National Elder Care Program Comes to Virginia

Elizabeth Simpson, *Virginian Pilot*, October 10, 2007

Described below is a new approach to health care, PACE, that allows seniors to remain in their home instead of entering institutional care. This is a program that we may want to try to bring to our area as well.

— Dan Fleming

Virginia Beach—Kirby Turner uses a walker to get around, but that didn't stop him from doing a spirited dance to celebrate his 66th birthday recently. Turner, who also has a mental disability, might have ended up in a nursing home, away from family and friends. But he's able to live with his nephew, thanks to a day center that provides him with transportation, home care, meals, doctor visits, and yes, even a birthday cake.

The center, called Sentara Senior Community Care, has been around since 1996. Next month, it will become Virginia's first official site for PACE — Programs of All-Inclusive Care for the Elderly. There are 40 other such sites in the country.

The federal designation will mean expanded services for the 130 people at the day center, and will help Sentara Life Care Corp. launch a second center in the region next year.

The second center could provide as many as 130 more people with an alternative to institutional care.

The PACE model is considered to be the wave of the future, as interest in "aging in place" grows among the elderly and the baby boomers coming behind them.

"Our research shows that 80 to 85 percent of older Virginians want

to stay in their homes as long as possible," said C.D. "Tony" Hylton III, communications director for AARP Virginia, which advocates for people 50 and older.

The participants at PACE centers are frail enough to qualify for nursing home care. But rather than pay for services in institutions, government funds the necessary tools — transportation, health care, home-health aides and recreational activities — to help participants stay at home.

Riverside Health System is awaiting approval for a PACE center to open in Hampton in January. The health system also plans to open a center in Richmond in late 2008. Three

## What is PACE?

Programs of All-Inclusive Care for the Elderly is for people 55 and older who qualify for Medicaid and are certified as needing nursing home care. The goal of the program, funded by Medicare and Medicaid, is to keep people living at home as long as possible. The program:

Provides adult day care that offers medical, nursing, therapy and recreational sessions.

Provides meals, nutritional counseling, and personal care.

Provides or coordinates home-health care and personal care, prescription drugs, social services and respite care.

Coordinates hospital and nursing home care when necessary.

sites in the western part of Virginia are in line to become PACE centers next year as well.

The programs are funded by Medicare and Medicaid, the government's two main insurance programs for the elderly, poor and disabled. For decades, much of the long-term care those federal and state in-

urance plans covered has been in state hospitals, group homes, and nursing homes. But those are expensive, and surveys show that many people prefer staying in their own homes.

So in the 1980s, the government launched demonstration projects to see if money could be redirected to services provided in homes and community centers.

Sentara opened its center under those "pre-PACE" auspices in 1996. It's been funded since then by Medicaid, but the recent full PACE designation will allow the center to use Medicare funds to pay for hospital and skilled-home-health care, too.

Gov. Timothy M. Kaine has thrown his weight behind the idea. He distributed more than a million dollars in PACE start-up grants last fall, which are helping to open the Hampton and Richmond centers.

About 30 percent of Medicaid recipients are low-income seniors, but they account for 70 percent of Medicaid dollars because of the high cost of long-term care, said Cindi Jones, chief deputy director of the state's Department of Medical Assistance Services.

The PACE model is more economical, state officials said, and will provide people with care they prefer.

"We want to do what we can to keep people in their communities," Jones said. "This is the vision Gov. Kaine has for long-term care in Virginia."

*See Elder Care, page 4*



# Community Thanksgiving Dinner

Thursday November 22, 1 p.m.,

St. Michael Lutheran Church

2308 Merrimac Road, Blacksburg  
(just off Prices Fork Road past the New Middle School)

All are welcome to come and share in the food and fellowship  
of the free **Community Thanksgiving Meal.**

If you need transportation or more information,  
call the church at 951-8951

## Programs of All-Inclusive Care for the Elderly (PACE)

— from page 3

William Patterson said Sentara's PACE center has helped him care for his uncle, Kirby Turner, for the past two months. Patterson assumed care of Turner after his aunt died a year and a half ago.

The center gives Turner regular health check ups, and provides meals and recreational activities from 8 a.m. to 5 p.m., five days a week. That allows Patterson, 43, to continue his job as a property manager.

The center sends an aide in the morning to help Turner get ready for the van to pick him up.

"It's helped me out a great deal," said Patterson, who lives in Virginia Beach. "They handle all his medications. I no longer have to deal with his doctors or pharmacists. All in all, it's been a godsend."

Bruce Robertson, vice president of Sentara Life Care, said only a small percentage of their participants go on to nursing homes. Most are able to live out their lives in their own homes or with relatives.

A stroke seven years ago might have meant 66-year-old Sarah Williams could no long live independently in her Norfolk home. But because she gets regular visits from home-health

nurses and goes to the Sentara center four days a week, she's been able to stay in the home where she's lived for three decades. Family members also help keep her independent.

When Williams first came to the center in 2000, she used a wheelchair,

but therapy and recreational activities have helped her leave the chair behind.

Another plus: getting her hair styled at the center.

"Everything is at our fingertips," she said. "I don't want to go to a nursing home, not if I can help it."

## Prayer given by Al Payne at the Blacksburg AARP Dinner December 3, 1991

Tonight, when we're smack in the middle of Hanukkah, when our thoughts are still spilling over from Thanksgiving, and turning already to the plans of Christmas, we just naturally find ourselves with a mixture of gratitude for past blessings and hope for a future of victory and light. It's hard to put this in mere words, but we have to try.

Let us pray:

- Thou whose love for us is revealed in little things as well as big ideas and profound experiences
- like plenty of food in a world of hunger,
- like possibilities of peace in a world of terrorism, and
- like friends around a table in a world of homeless people;
- We pause at the beginning of a joyful evening
- To say "Thanks for everything,"
- To ask for sensitivity in recognizing thy presence:
- in the creativity of good conversation,
- in the eyes of little children and the harmony of familiar songs
- in the reliability of nature's laws,
- and especially tonight in the happy memories of years past and the pleasant anticipation of those to come. — Amen.

from *A Community at Prayer* by Al Payne, p. 129



## Jim's Jots, November

We want to establish a new position, that of Reporter — someone who would be responsible for sending copy to the local media.

We also need an in-house Editor for the Newsletter. We have been imposing upon the generosity of Mary Holliman all year, and we mustn't make a nuisance of ourselves. So, some of you Communications, people please come forward. Please call me or anyone on the Board and make yourself known.

— Jim Gaines, President

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## AARP- B&N Bookfair Held in Christiansburg Saturday Nov. 3, 2007

The second Barnes & Noble-Blacksburg AARP was held Saturday November 3, 2007, at the Christiansburg store in the Spradlin Farm Shopping Center from 9 a.m. -11 p.m. The Bookfair was a joint venture with Barnes & Noble and AARP Chapter 2613 to benefit the reading program in the Montgomery County Public Schools.

Arrangements were worked out between Ways & Means Committee Chair Margaret Kates and Chapter member "Rosie" Smith of the Barnes & Noble Management Team.

15% of the sales November 3 made with the Chapter voucher will be presented to the MCPS in the form of a Gift Card for the purchase of books for young readers.

— Carl McDaniels

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## Why Join Blacksburg AARP?

**TO: Work Together  
Make New Friends  
Make a Difference**

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While enormous strides have been made in communications in recent years, there's still a lot to be said for the smile. — Franklin P. Jones

## Kick Off Program for January 2008

Ms Tina King, Executive Director of the New River Valley Agency for Aging, will describe services available from the Agency. She will also discuss ways that the Agency can be improved in the future to better meet the needs of area seniors. The NRV Agency includes the counties of Montgomery, Floyd, Giles, and Pulaski, and the city of Radford. Bag Lunch on Tuesday January 15, 2008, at 11:30 a.m. and program about 12 noon in the Blacksburg Community Center.

— Carl McDaniels

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## This is NOT a Bill

Then why waste the paper to let me know this? I have accumulated a drawer full of others just like it. I value trees too much to see them cut down to make paper for desk jockeys to burden the mail with such unnecessary drivel. We are being urged to save paper. The government even reduced the size of our paper money some years ago, so that it buys a lot less than it used to do. Every time we go to the grocery store we are impressed with how much the dollar has shrunk. They still harp on saving paper — but other than reducing the size of our money, they do not practice what they preach.

In Washington, from the White House, up — or down — through Congress, we seem to be caught in a grand conspiracy. Save paper indeed!!! We see precious little evidence of it in government agencies — the IRS for instance. Every time the tax return forms are "simplified" so us ignoramuses can understand them, they have to issue a bulletin to explain what they mean. It always means that you have to send them more of that shrunken legal tender — that's just a beginning.

We ought to be glad to know it's not a bill. But they cannot really fool us. We know something that Washington does not seem to understand, or heed. Namely, that sooner or later you have to bite the bullet and pay —

or you wind up bankrupt — and/or in jail. Our public minions, who are supported by our tax dollars — and spend them seemingly without regard to their responsibility to provide for the payment of what they so recklessly appropriate — ought to be either thrown out, or jailed for malfeasance, or for criminal recklessness in the use of money belonging to other people and for piling up debt on top of debt so they could tell us — "this is not a bill."

On top of all that, it seems elementary, my dear Watson, that there is a not-too-subtle anti-environmental twist. Brag on how many people you are keeping busy with needless paper work. Do not mention that their misguided policies are stimulating the cutting of our forests to provide paper pulp for redundant information. Which in turn diminishes our protective ozone shield against the destructive ultraviolet rays from the sun. Then all that waste paper has to be bagged and taken to the recycling center, which wastes gasoline carrying that needless accumulation of trash, and makes us more dependent on foreign oil. It's as complex as the old nursery jingle about the house that Jack built.

So this is not a bill. And this is just a gripe from many disillusioned taxpayers, who are still thankful that we live in America in spite of it all.

Ellison A. Smyth  
*Retrospect*, 1993

# Blacksburg AARP Board Minutes, Chapter 2613

November 6, 2007

1. **Call to order** – President Jim Gaines called the meeting to order at 9:30. Members present: Brian Allen, Carrie Coil, Harriett Cooper, Ben Crawford, Nancy Eiss, Don Elson, Curt Finch, Dan Fleming, Jim Gaines, Carl McDaniels, Mary Ellen Moore, Dale Oliver, June Schmidt, Jim Wightman.

2. **Adoption of Agenda** – Publicity was added as Item 15. Hospitality was added to Item 4A and the driving course was added to Item 5. The Agenda was adopted as amended.

3. **Approval of Minutes** – The minutes for the October meeting were approved.

4. **Treasurer's Report** – Brian Allen reported that our balance is \$3509.41. It is expected that \$200 will be returned to the Chapter from the VA AARP following the Candidates' Forum in September. It was moved by Dan Fleming and seconded by Harriett Cooper that \$600 be contributed to the Blacksburg Community Center; \$300 to the Food Pantry; \$300 to the Free Clinic Consortium; and \$300 to the Literacy Volunteers. Carl McDaniels suggested that when the checks are sent, ask the donees to include a description of their program, which we can use to inform our membership, and where personal donations can be sent.

4A. **Hospitality** – Carrie Coil reported that 31 reservations have been received for the annual Holiday luncheon scheduled for December 4th at the Holiday Inn. She encouraged members to get their reservations in early for this special program.

5. **Ways and Means** – Curt Finch reported that a defensive driving course will be offered in early spring, perhaps in March. He will check with Joy Herbert on space availability. He also reported that he and Cecil McBride will attend a 1½ day driver safety instructor course in Roanoke later in the month.

6. **Website** – There is a need for write-ups following each of our monthly programs for both the Newsletter and our Website. Motion made by Ben Crawford and seconded by Harriett Cooper that Board members take on the responsibility for writing a summary of each monthly program. Motion passed. Nancy Eiss volunteered to write up the October meeting, which featured Mr. Charles Johnson. The extensive write-up of Mr. Johnson's talk in the *Montgomery News Messenger* by reporter Leigh Anne Correl was recognized and appreciated.

7. **Membership** – Jim Wightman reported chapter membership stands at 343. The sitting VA legislators and the VA AARP President have been added as Complimentary Members. A proposal to VA AARP on requesting that a letter of invitation be mailed to AARP national members residing in the Blacksburg area was understandably turned down due to prohibitive mail costs estimated at \$5,000. There are 9,000 national AARP members in Montgomery County. Our chapter membership is less than 4% of the national membership in Montgomery County! The Chapter was represented by Jim Wightman at VT Engage, held on the VT drill field on October 16th. 38 persons signed up to help as AARP volunteers. The Chapter was represented by Margaret Kates, Carl McDaniels, and Jim Wightman at the Barnes & Noble Book Fair on November 3rd. A portion of the total sales that day went to support the Montgomery County Public Schools. Thanks to Barnes & Noble for their assistance in setting up a display table and donating 3 chairs to the Blacksburg Community Center on behalf of AARP. More membership details are found in this Newsletter under 'Membership Notes'.

8. **Legislative** – Dan Fleming suggested that we partner with the Food Pantry and sponsor a monthly food collection at local supermarkets. Brian Allen shared this approach is an ongoing one in Roanoke.

9. **Program** – Harriett Cooper reported that Dr. Thurman Lockhart from the College of Engineering at VT will speak on "Physiological Changes and the Occurrence of Accidents in Older Adults" at our regular monthly meeting on November 20. He will be introduced by Darrel Clowes. Carl McDaniels, incoming Program Chair, announced that Tina King, Executive Director of the NRV Agency for Aging, will be our featured speaker on January 15th. He welcomed suggestions for other programs in 2008.

10. **Nominations** – Jim Gaines reviewed the report of the Nominations Committee. For 2008, President – JoAnn Underwood; First Vice President – Angela Hill; Second Vice President – Nancy Eiss; Secretary – Virgil Cook; Treasurer – Brian Allen. New Board Members: Harriett Cooper and Ken Dawson. One additional Board member needs to be elected.

11. **History** – Carl McDaniels encouraged the local chapter to look at the rich Black History of the New River Valley. Ben Crawford showed a video clip of Mr. Charles Johnson speaking at our October meeting. It was noted

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How much deeper would oceans be if sponges didn't live there?

*continued on page 5*

# What Brings Senior Citizens to Their Feet?

A warm, informative and personal presentation, "Black History in the New River Valley," by Charles Johnson, evoked a standing ovation from the members of the Blacksburg Chapter AARP attending the October meeting. Mr. Johnson, now 74, recalled his childhood in the small New River Valley community of Wake Forest.

In a quiet, matter-of-fact demeanor, he shared warm stories about the closeness of the African American community. He explained how Wake

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## October Board Minutes, continued from page 4

that Mr. Johnson was given a standing ovation at the conclusion of his talk.

12. **Awards** – Don Elson reported that award recipients have been chosen and will be announced at our December 4th luncheon.

13. **Caring** – Kathy and Tom Jeffers have asked to be replaced as Chair of the Caring Committee. Harriett Cooper volunteered to accept the vacated position.

14. **Whatever** – The VT Retiree's Association Caregiver's Fair was very successful. Extra copies of the informative and useful Caregiver's Book will be available on a first-come basis at our December 4th luncheon.

15. **Publicity** – Nancy Eiss reported, from a conversation with Gail Billingsly, that the YMCA would like to partner with AARP to (1) teach courses in their Open University program and (2) find out what courses would be of interest to our membership.

16. **Adjournment** – The meeting was adjourned at 11:00.

— Respectfully submitted:

Jim Wightman, Acting Secretary

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Forest began with the freed slaves from the Kentwood Farm and grew into a community of individuals who were poor financially, but rich in the support and help they gave to each other. For example, they shared with chores such as cutting wood for the winter and with the sad tasks of making funeral arrangements and paying for funeral expenses.

Personal stories were also shared with the group. Mr. Johnson told about his mother, who worked a maid for families in Blacksburg. She had completed the sixth grade. His grandmother completed third grade. Both women wanted Charles to have a high school education and prepare

for a trade, so he enrolled in the Christiansburg Industrial Institute (CII). The CII was an all-black school with a history dating back to 1866. Booker T. Washington was the school supervisor in 1895. Charles became a barber. Jokingly, he told about being faced with cutting the hair of white soldiers for the first time. He quipped, "I would just say a prayer and hope for the best." With an answer to his prayers, along with his skill and warm personality, Mr. Johnson has built a very successful business in Blacksburg. And, in October, he performed a miracle and brought a room full of senior citizens to their feet.

— Nancy Eiss

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## Membership Notes for November

Our membership now stands at 343. The sitting Virginia legislators and the VA AARP President have been added as Complimentary Members as per discussion at last month's board meeting.

A **draft proposal** was sent to VA AARP on October 10th requesting that a letter of invitation be mailed to AARP national members residing in the Blacksburg area who are not members of our local chapter. The proposal was understandably turned down due to prohibitive mail costs, estimated at \$5000.

Did you know that there are **9,000** national AARP members in Montgomery County alone? Our chapter membership is less than 4% of the national membership in Montgomery County! Many national members do not know that there is a local chapter. Invite AARP national members to join this local chapter.

The Chapter was represented by Jim Wightman at **VT Engage**, held on the VT drill field from 4-7 p.m. on

October 16th. This was a result of Carl McDaniels' suggestion at our last board meeting that we have a presence at this event. More than 100 exhibitors were set-up to let students and staff learn of volunteer opportunities in the New River Valley. Thirty-eight persons signed up to help as AARP volunteers.

The Chapter was represented by Margaret Kates, Carl McDaniels, and Jim Wightman at the **Barnes & Noble Book Fair** on November 3rd. This was a great example of your local chapter at work in a significant program to contribute dollars to the Montgomery County Public Schools. Thanks to Barnes & Noble for their assistance in setting up a display table and donating three chairs to the Blacksburg Community Center on behalf of AARP.

Any questions about membership can be directed to Jim Wightman at 552.2007 or Wightman@vt.edu.

— Jim Wightman

Jim Gaines, President  
AARP Chapter #2613  
P.O. Box 10082  
Blacksburg, VA 24062

Nonprofit  
Organization  
U.S. Postage  
Paid  
Blacksburg, VA  
Permit No. 32

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## AARP Divided We Fail Campaign in Final Stages

Blacksburg Chapter 2613 has set a goal of at least 100 signed pledge cards by the December 1, 2007, deadline. Many cards were signed at the September Legislative Forum. Those who have not had an opportunity to sign the pledge cards can do so at the November 20 Chapter Noon Meeting. For further information contact Carl McDaniels at cmcd@vt.edu.

## More Va AARP Goals for 2007

**Livable Communities:** • Build on the mobility conversation begun in VA and engage volunteers in transportation planning at the community level

- Educate members on housing options that will help them maintain their independence

**Economic Security:** • Rollout new products to help members better plan for their retirement

- Promote the *Best Employers* program and improve employment for older workers

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## New Member, or 2007 Membership Renewal, Application

Membership in the Blacksburg AARP Chapter requires membership in National AARP. Contact Jim Wightman at 552-2007 or jpdad@bev.net if you need a national AARP application.

Date \_\_\_\_\_

Name \_\_\_\_\_ Spouse \_\_\_\_\_

Address:

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ email \_\_\_\_\_

- Membership  New member of Blacksburg AARP chapter  
 Renewal of membership in Blacksburg AARP chapter  
 Single membership dues \$10 for 2007  
 Joint couple dues \$15 for 2007  
 Lifetime membership \$100 per couple

Recruited by (if appropriate) \_\_\_\_\_

Complete, attach check made out to Blacksburg AARP, and mail to AARP Chapter #2613, P.O. Box 10082, Blacksburg, VA 24062. If you are already a member of the Blacksburg Chapter, please pass this form on to a friend who may be interested in membership.