



2017 State Plan Summary

AARPVirginia 

@AARPVa 

www.aarp.org/va 

AARP believes age and experience can expand your possibilities. We create and connect you to unique tools and programs, help save you money, and tackle issues that matter most to you, your family, and your community. What we do might surprise you. We're all about real possibilities.

Financial Resilience

- ✓ Support the promotion of a Work and Save plan that provides a convenient way for people to save on the job, and to continue to save if they change jobs.
- ✓ Conduct retirement decision workshops to help people prepare for a financially sound retirement.
- ✓ Educate our members on how to avoid frauds and scams. (Fraud Watch Network)
- ✓ Provide resources to help people better plan for their retirement needs.
- ✓ Support and promote Tax Aide.

Health, Caregiving, and Living Independently

- ✓ Advocate for policies and legislation to support vulnerable Virginians including increased access to ombudsman services, protecting against financial exploitation and protecting Medicare and Social Security for future generations.
- ✓ Increase public awareness in Virginia about the issues family caregivers face and the CARE Act.
- ✓ Establish a legislative taskforce to study issues related to family caregiving.
- ✓ Equip family caregivers with resources, information, and unique skill-building opportunities.
- ✓ Develop new and existing partnerships to increase caregiving networks and capacity in Virginia.
- ✓ Help Virginians understand and access Medicare.
- ✓ Establish new partnerships with local organizations to help them recruit volunteers who will help seniors maintain their independence at home.
- ✓ Conduct Brain Health educational programs to help Virginians stay sharp as they age.
- ✓ Partner with local organizations to host intergenerational workshops where we discuss ways to create new solutions on how to Disrupt Aging.

Livable Communities

- ✓ Partner with local organizations to conduct HomeFit and Staying Home workshops to help Virginians maintain their independence.
- ✓ Work with city and county leaders to increase the number of communities in the Network of Age-Friendly Communities.
- ✓ Engage with community leaders and stakeholders on aging-readiness planning.
- ✓ Support the work of Driver Safety and CarFit conversation programs.

Volunteer and Member Engagement

- ✓ Implement the second AARP Virginia College, a fully-integrated volunteer training program.
- ✓ Strengthen AARP's relationships and awareness in multicultural communities.
- ✓ Explore and offer entertainment/social/sporting event local discounts to members.
- ✓ Address food insecurity at the community level by supporting the creation of local food councils.
- ✓ Demonstrate AARP's community presence through participation in local events.
- ✓ Grow AARP's social media presence on Facebook and Twitter.
- ✓ Recognize the accomplishments of all volunteers.